

# 2009 - 2010 State Children's Project



## Garden – Grow - Give Ministry Project

### *Growing Food for a Local Food Bank*

As a missions group, plant and tend a garden for food that will given to a local Food Bank. Invite your entire church to participate in this hands-on ministry project.



In the Fall ~ Contact a local Food Bank to confirm they will accept fresh vegetables from a local garden.

- ✓ Secure a site for your missions garden, either on church property, church member's property, or community property.
- ✓ Have the ground plowed so it will be ready for gardening in the spring.
- ✓ Learn about hunger in America and the world.
- ✓ Invite a representative from the Virginia Cooperative Extension Service to speak to your missions group about how to garden and when to plant certain vegetables.



In late winter (February) ~ Plow the site again to prepare the soil for planting.

- ✓ Decide which vegetables will be planted in the garden.
- ✓ Plan a trip to purchase seeds and plants for the garden.



In March ~ Plant a potato patch, if desired. (Potatoes can inexpensively feed a family.)



Throughout the spring and summer ~ Plan dates for the missions group to work together in tending the garden.

- ✓ Have families volunteer to weekly tend the garden.
- ✓ Plan dates to harvest and immediately deliver fresh vegetables to the local Food Bank.

### **Share your State Children's Project Story**

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"We work together with God." 1 Corinthians 3:9a (NIV)